



CANAPÉ SAMPLE MENU

service included

HOT OPTIONS

falafel
beans in blankets
mushroom croquettes
aubergines
cauliflower bites
jackfruit koftas

COLD OPTIONS

gaspacho shots
falafel
carrot gravlax
beetroot turnovers
summer rolls
avocado tartine

JUST, WELL, BETTER OPTIONS

arinchini
vegetable sushi
burella tomato + pesto tartine
stuffed aubergine roll
"duck" parcels
cheese + chutney

SWEET OPTIONS

chocolate date bites
pistachio lime + coconut date balls
fruit tartlets
carrot cake bites
millionaire squares
doughnut bites





Wedding Breakfast Sample Menu

APPETIZERS

fresh bread rolls
marinated oilives and roasted nuts

STARTERS

seasonal soup of the day
giant arinchini
tomato burella salad

TRADITIONAL ROAST MAINS

all served with braised red cabbage, seasonal greens, roasted

Nut Roast (gluten & nut free options available)
Roast Squash
vegan wellington

SUMMER GRILL MAINS

served with new potatoes dressed with olive oil and fresh herbs, slaw, piperade, seasonal salad.

vegetable stack
miso glazed aubergine
stuffed romano pepper

MAINS

seasonal rissotto
british curry
seasonal rainbow tart

DESSERTS

seasonal Fruit Crumble
cheesecake
eton mess





FORK BUFFET SAMPLE MENU

self-service. service is an optional addition.

STARTER OPTION

soup of the day

MAIN OPTIONS

Lentil Dhal

Vegetable lasagne

Ratatouille served with rice or polenta mash

Pasta: pesto, tomato + red pepper, squash + walnut, mac no cheese

Risotto (options include squash, beetroot, summer green, mushroom)

winter stew

summer grilled vegetables

farmer's pie

SIDE OPTIONS

potato salad

new potatoes

roast potatoes

creamy mash potato

Polenta mash

basmati/ brown rice

greens

leaf salad

slaw

Bread selection

plain/ garlic flat bread





FINGER BUFFET SAMPLE MENU

self-service. service is an optional addition. cold options are also available as grazing platters for 10-30 people for an additional cost. floristry is an optional addition.

COLD BUFFET OPTIONS

maple glazed sausages
falafel + flatbread with hummus
raw vegetables with dip selection
classic sandwiches
selection of cold pastries
gazpacho shots
nut selection
olive selection
bread basket
crisp selection
Pasta: pesto or tomato + red pepper
aubergins "meatballs"

HOT/ STREET FOOD OPTIONS

selection of pastries
Pizzas & Flatbreads
Burgers/ sliders
Chips/ Messy wedges
Mac No Cheese
Falafel Pittas
Tacos
Cauliflower bites
"fish" + chips

JUST, WELL, BETTER BUFFET OPTIONS

open sandwiches: cucumber pesto, carrot + Philadelphia, coronation cauliflower
bruschetta
"duck" wraps
vegetable stacks
tomato + burella salad
arancini
sushi selection

SWEET OPTIONS

chocolate date bites
pistachio lime + coconut date balls
fruit tartlets
carrot cake bites
millionaire squares
doghnut bites





Indian Style Buffet Menu

SELF-SERVICE. SERVICE IS AN OPTIONAL ADDITION.

LENTIL DHAL

LIGHT TOFU + COCONUT CURRY

CHICKPEA MASALA

SPICED ROAST VEGETABLES

BASMATI RICE

SPICED POTATOES

SAAG ALOO

ONION BHAJIS

SPICED PASTRIES

CORONATION CAULIFLOWER

SPICED SLAW

POPPADOMS

COCONUT FLATBREAD

ROTI PANCAKES

DIP SELECTION: MANGO CHUTNEY, MINT YOGURT, CHILLI





CHILDREN'S SAMPLE MENU

All adult mains can be ordered for children as a smaller portion.

STARTER OPTIONS

Garlic Flatbread
Soup of The Day
Crudites & hummus

MAIN OPTIONS

All adult mains can be ordered for children as a smaller portion.

Pasta Pomodoro
Spaghetti 'Meat'balls
Mac No Cheese
Jackfruit Fingers & Chips
Lentil Dhal
Veggie Sausage & Mash

DESSERT OPTIONS

Mini pancake stack
Chocolate Mousse
Ice Cream selection
Fruit Salad

BUFFET OPTIONS

mini sausages
sausage rolls
classic sandwiches
crisp selection
popcorn
"meatballs"
bread basket
raw vegetables and hummus
pizza squares
sweet selection
fruit platter
cake selection



DINNER

Sample Menu



Appetizer

carrot gravlax

Starter

Spiced blue pea soup with pak choi and pickled vegetables

Main

vegetable rainbow tart
served with herby new potatoes and chard cabbage

Dessert

Plant Based Kitchens

www.plantbasedkitchens.co.uk